

Group Data

Summary Data is only available if 5 or more couples have completed their Couple Checkup.

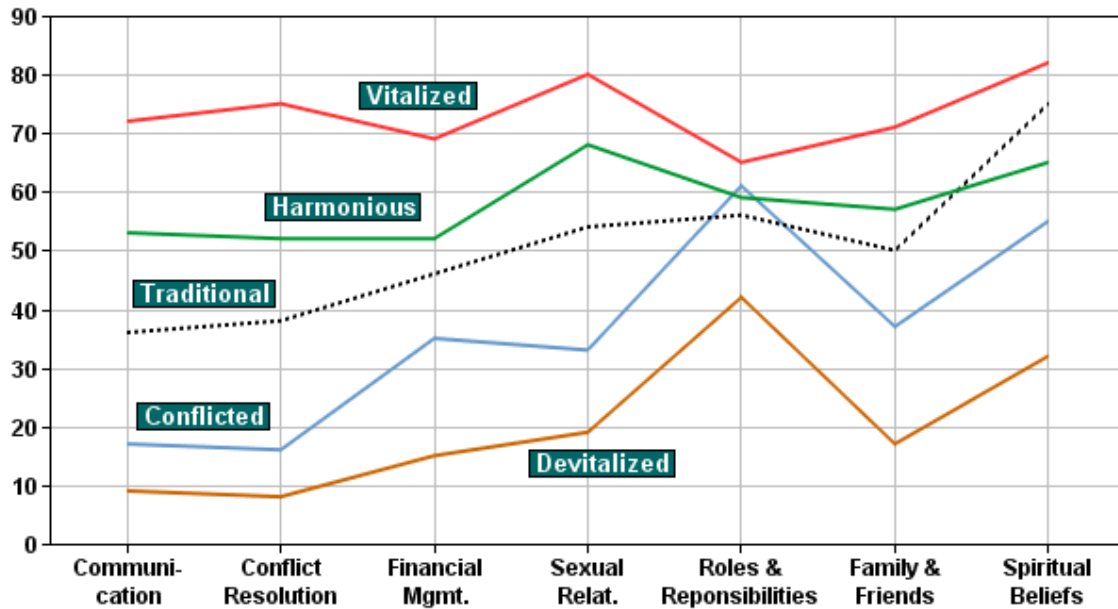
Group Account Summary

Couple Checkup Type:	Married
Number of Couples:	60
Groups Included:	1 – Group 1 (main) 2 – Group 2 (SSF) 3 – Group 1 (GT)

Couples Scales Summary (based on completed Checkups only)

	<u>Couples</u>	<u>Percentage</u>
Standard Scales Only:	0	0%
Life Transitions:	12	20%
Emotional Climate	1	1%
Intergenerational Issues	7	11%
Children and Parenting	24	40%
Step Children	27	45%
Expecting First Child	1	1%

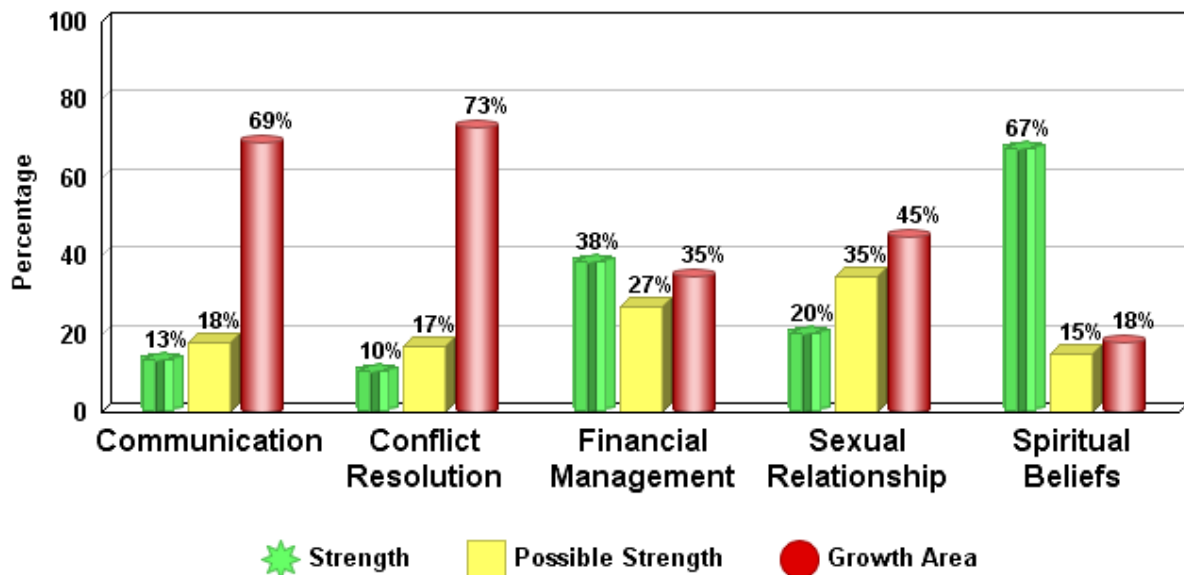
Couple Types



These Couple Types can be thought of as a measure of relationship satisfaction:

Couple Type Summary	Satisfaction	# of Couples	Percentage
Vitalized	= Very High Satisfaction	17	28%
Harmonious	= High Satisfaction	13	21%
Traditional	= Somewhat Satisfied	12	20%
Conflicted	= Low Satisfaction	6	10%
Devitalized	= Very Low Satisfaction	12	20%

Couple Strengths and Growth Areas



Item Summary of Strengths and Issues

Top 5 Couple Strengths (Based on Positive Couple Agreement)

	<u>Items with Highest Couple Agreement</u>
Understanding one another's spiritual beliefs	78%
The role of spiritual beliefs in your commitment	77%
The role of spiritual values in relationship growth	72%
Feeling more connected because of spiritual beliefs	72%
Asking each other for help	72%

Top 5 Couple Issues (Based on Positive Couple Agreement)

	<u>Items with Lowest Couple Agreement</u>
Whether or not you have disputes over trivial issues	13%
Bringing differences to a point of resolution	13%
The ability to ask for what you want	15%
Your time and energy for recreation	15%
The ability to share negative feelings	17%

Top 5 Male Strengths (Low to High 1 – 5)

	<u>Items with Highest Satisfaction</u>
Your similarity in spiritual beliefs	4.2
The role of spiritual beliefs in your commitment	4.2
Understanding one another's spiritual beliefs	4.1
The role of spiritual values in relationship growth	4.0
Reliance on spiritual beliefs during difficult times	4.0

Top 5 Male Issues (Low to High 1 – 5)

	<u>Items with Most Concern</u>
Bringing differences to a point of resolution	2.2
Feeling understood	2.5
Whether or not you have disputes over trivial issues	2.5
Having similar levels of interest in sex	2.5
Your approach to solving disagreements	2.6

Top 5 Female Strengths (Low to High 1 – 5)

	<u>Items with Highest Satisfaction</u>
The role of spiritual beliefs in your commitment	4.3
Understanding one another's spiritual beliefs	4.1
Consulting one another on important decisions	4.1
The role of spiritual values in relationship growth	4.0
Your similarity in spiritual beliefs	3.9

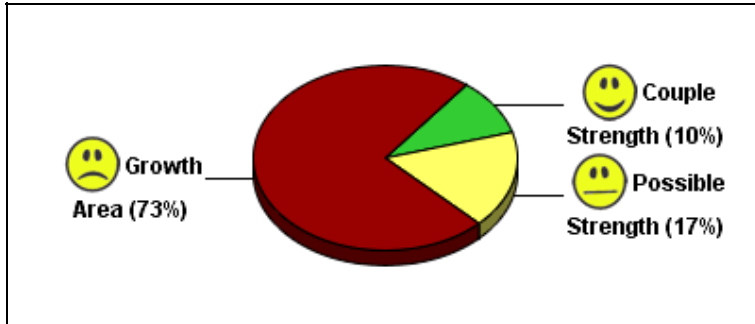
Top 5 Female Issues (Low to High 1 – 5)

	<u>Items with Most Concern</u>
Bringing differences to a point of resolution	2.3
The ability to ask for what you want	2.4
Feeling understood	2.4
Your willingness to share feelings	2.5
Whether or not you have disputes over trivial issues	2.5

Conflict Resolution

The **Conflict Resolution** category looks at a couple's ability to discuss and resolve differences. It measures how effectively couples share opinions, ideas, and feelings, even during times of conflict.

Couple Agreement for Conflict Resolution



Items with Highest Couple Agreement

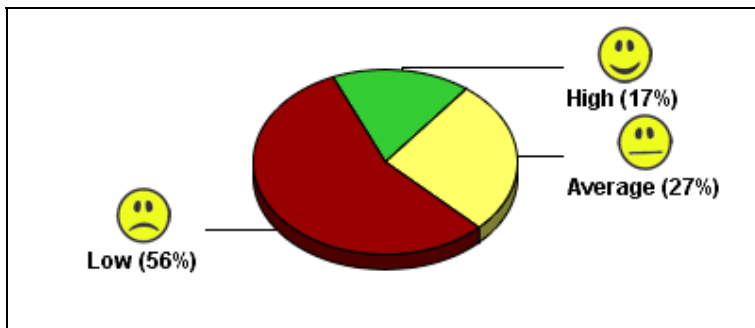
- 47% The ability to express feelings/ideas while resolving differences
- 37% Feeling understood while discussing problems

Items with Lowest Couple Agreement

- 13% Whether or not you have disputes over trivial issues
- 13% Bringing differences to a point of resolution



Male Satisfaction for Conflict Resolution



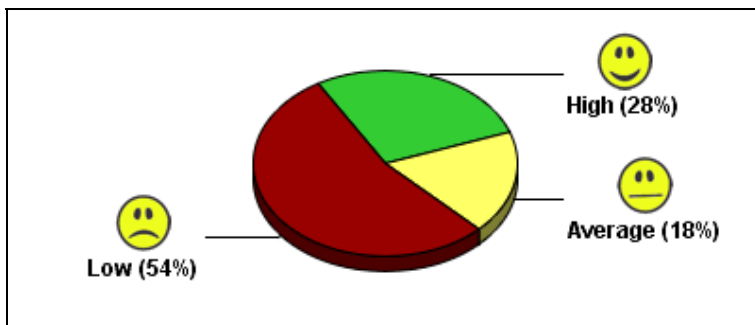
Items with Highest Satisfaction

- 3.4 The ability to express feelings/ideas while resolving differences
- 3.3 Feeling understood while discussing problems

Items with Most Concern

- 2.2 Bringing differences to a point of resolution
- 2.5 Whether or not you have disputes over trivial issues

Female Satisfaction for Conflict Resolution



Items with Highest Satisfaction

- 3.5 The ability to express feelings/ideas while resolving differences
- 3.2 Whether or not you say nothing to avoid hurting one another

Items with Most Concern

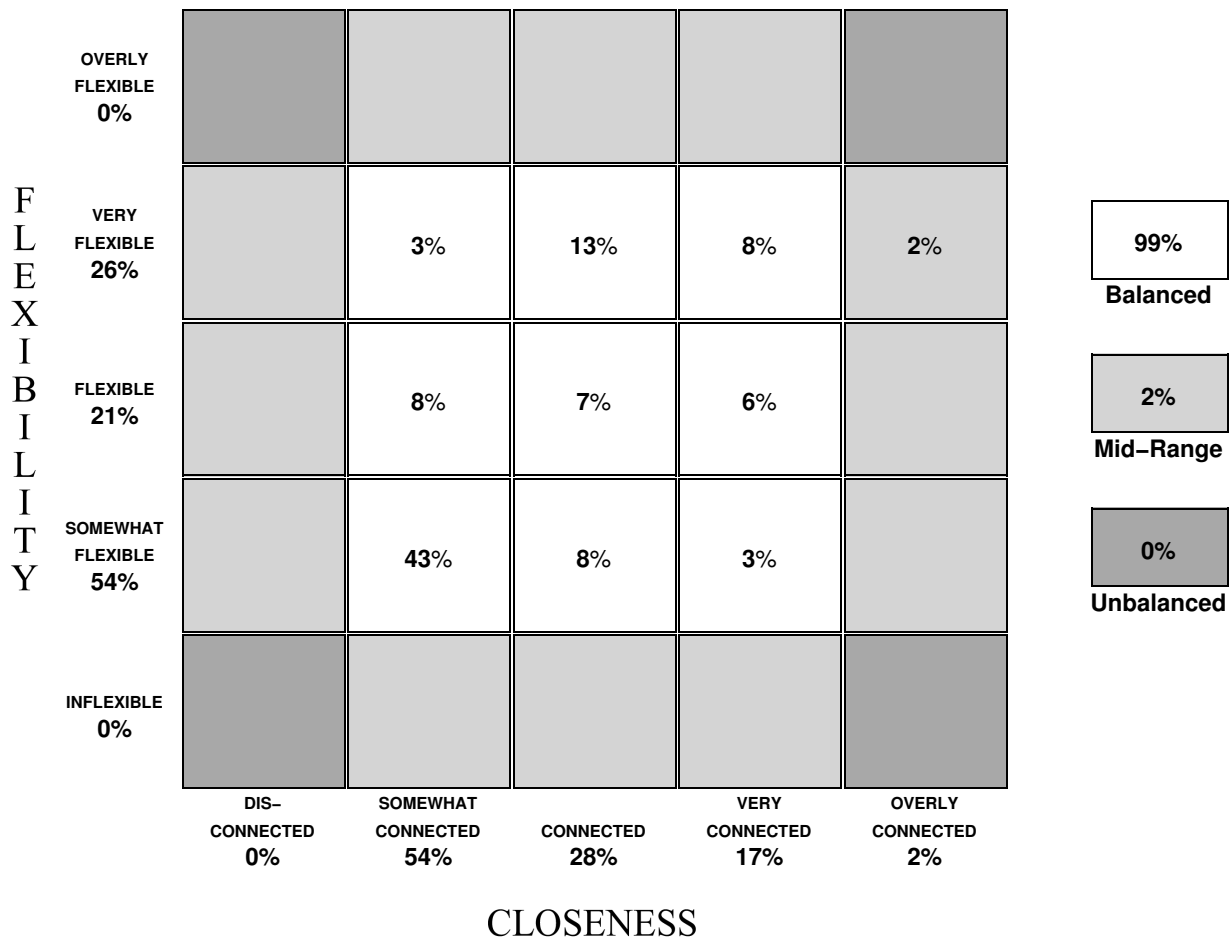
- 2.3 Bringing differences to a point of resolution
- 2.5 Whether or not you have disputes over trivial issues

Couple Map

The **Couple Map** summarizes how couples see their relationship in terms of Couple Closeness and Couple Flexibility—each has five levels.

Couple Closeness describes how emotionally close a person feels to their partner. The 3 central levels of closeness are most healthy and the two extremes (Disconnected and Overly Connected) are more problematic.

Couple Flexibility describes how open the couple is to change in leadership and roles. The 3 central levels are most healthy and the two extremes (Inflexible and Overly Flexible) are problematic.



Group Summary of Couples: (See Percentages for Each Group Above)

Balanced Couples (9 central cells): **Most healthy and happy couples.** On Closeness, they range from Somewhat Connected to Very Connected. On Flexibility, they range from Somewhat Flexible to Very Flexible.

Mid-Range Couples (12 side cells): **Somewhat healthy and somewhat happy couples, unbalanced on one dimension.**

Unbalanced Couples (4 corner cells): **Least healthy and most unhappy couples.** On Closeness, they are either Disconnected or Very Connected. On Flexibility, they are either Inflexible or Overly Flexible.

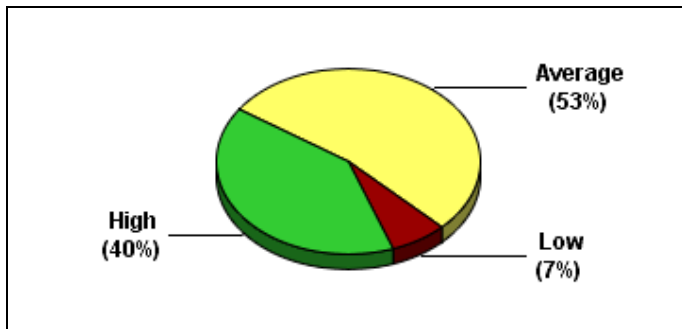
SCOPE Personality Scales

The Personality SCOPE consists of five dimensions based on the Five Factor Model of Personality. One way to remember the five dimensions is to think of the word SCOPE, which contains the first letter for each of the five areas. The male and female break downs for these dimensions are graphed below.

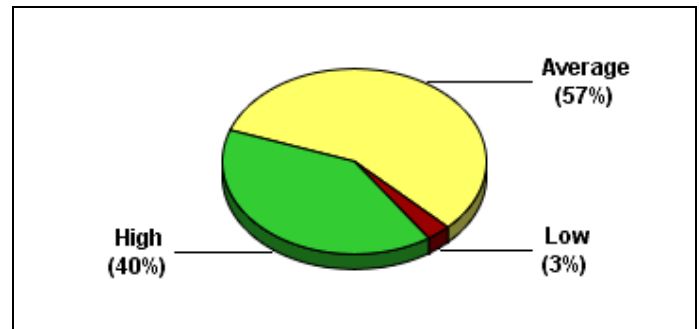
Social (S)

This trait reflects an interest in people and social activities.

Male Results



Female Results

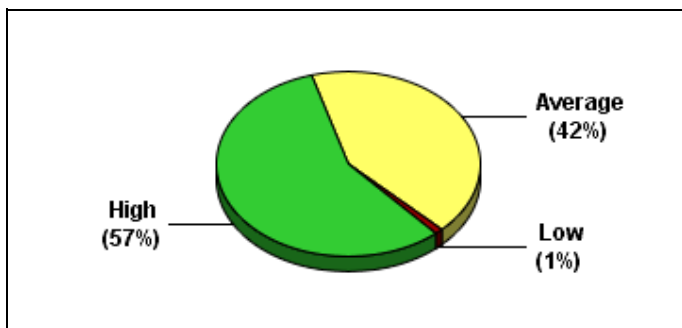


- **High Score:** Person is an extrovert who really enjoys people, activities, and groups.
- **Average Score:** Person may find social settings enjoyable, but also values privacy.
- **Low Score:** Person is reserved or introverted, and less interested in social activities.

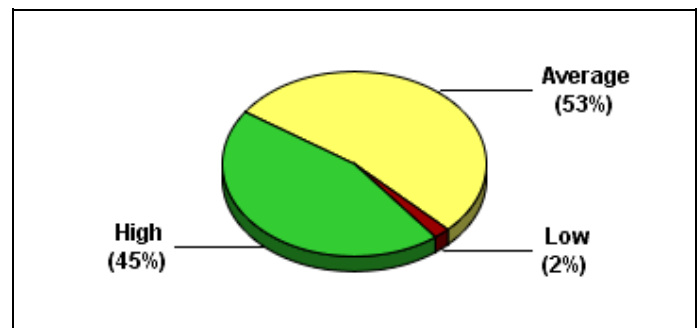
Change (C)

This trait reflects openness to change, flexibility, and interest in new experiences.

Male Results



Female Results



- **High Score:** Person is very flexible, unconventional, and open to new experiences.
- **Average Score:** Person balances new and creative ideas with more traditional approaches to life.
- **Low Score:** Person is more down to earth, practical, and less interested in new ideas or change.

Background Information

Age Range	<u>Number</u>	<u>Percentage</u>
18 – 20	1	1%
21 – 25	1	1%
26 – 30	10	8%
31 – 35	25	21%
36 – 40	19	16%
41 – 45	21	18%
46 – 50	17	14%
51 – 60	19	16%
61 – 70	1	1%
Older than 70	0	0%
Item Not Answered	6	5%

Education Completed

Graduate/Professional	26	22%
Four-Year College	22	18%
Some College/Technical School	37	31%
Finished High School	25	21%
Some High School	4	3%
Item Not Answered	6	5%

Individual Yearly Income

\$0 – \$9,999	11	9%
\$10,000 – \$19,999	10	8%
\$20,000 – \$29,999	14	12%
\$30,000 – \$39,999	19	16%
\$40,000 – \$49,999	9	8%
\$50,000 – \$74,999	21	18%
\$75,000 – \$99,999	14	12%
\$100,000 or more	16	13%
Item Not Answered	6	5%

Religious Affiliation

Protestant (Christian)	72	60%
Catholic (Christian)	9	8%
Jewish	8	7%
Muslim	8	7%
Other	15	13%
None	1	1%
Item Not Answered	7	6%